

# Hot-Tub Information managers should provide to all guests

This is an extract from “Management of Spa Pools – Part 2 guidance provided by the Health and Safety Executive (HSE) in their publication “Management of Spa Pools – controlling the risk of infection”. Which states that we provide you with the following information.

“The risk assessment will identify the information that should be provided to customers, and may include having a wall clock clearly visible from the spa pool and a notice pointing out the recommended bathing time along with the maximum number of people allowed in the spa pool at any one time. They may also require a notice, clearly displayed near the spa pool, advising individuals of the correct procedures when using the spa pool. For example

- *It is recommended that bathers do not wear sun tan lotions or skin creams in the spa pool.*
- *Bathers should use the toilet and shower before entering the spa pool.*
- *Bathers should not use the spa pool if they have had diarrhoea within the last 14 days.*
- *Bathers should be discouraged from swallowing the spa pool water.*
- *It is recommended that bathers do not exceed 15 minutes immersion at a time.*
- *Bathers should not exceed the maximum number permitted in the spa pool.*
- *Children under four should not use the spa pool.*
- *Children (and others) who are unable to keep their faces out of the water should not use the spa pool.*
- *All other children using the spa pool must be supervised.*
- *Babies’ nappies should not be changed beside the spa pool.*
- *It is recommended the spa pool is not used after a heavy meal or while under the influence of alcohol or sedatives.*
- *If intended users are suffering from diseases of the heart and circulation, skin conditions, are immunosuppressed, subject to fits, or taking drugs affecting the cardiovascular or nervous systems, they should seek medical advice before bathing in spa pools.*
- *Pregnant women are advised to consult with their doctor before using a spa pool (see section 1.1.5.2)*

*(This is not an exhaustive list and the information that needs to be displayed will depend on the risks identified for each spa pool.)”*

## THE TRANQUIL OTTER

The Lough • Thurstonfield • Cumbria CA5 6HB  
T: 01228 576661 • E: [info@thetranquilotter.co.uk](mailto:info@thetranquilotter.co.uk)  
[www.thetranquilotter.co.uk](http://www.thetranquilotter.co.uk)

*Luxury*

ON THE EDGE OF NATURE